

HI, MY NAME IS SOPHIA

I was born in 2008... and have been diagnosed with Ullrich Muscular Dystrophy



High School Team
Placeholder team name

Champion Teammate
Placeholder teammate



Sophia was diagnosed at 4 years old with congenital Ullrich Muscular Dystrophy. This is a rare progressive disease that causes muscle wasting. We soon learned that she would be confined to a wheelchair, require a feeding tube and respiratory support, surgery to correct scoliosis and full-time aid to help with all her daily activities.

There wasn't a cure, but we knew that anything was possible. We decided to believe in miracles and work towards one. As long as it couldn't hurt Sophia we were willing to try it. We made it an adventure and started with a stem cell treatment, and immediately started seeing positive changes in Sophia. Instead of getting weaker, she started getting stronger, and her pain had also improved. Since then, we have added serial casting, physical therapy, chiropractic care, swimming, horse therapy, massage, hyperbaric oxygen chamber, electro-stimulation biofeedback therapy, vitamin infusions and dietary changes.

In spite of all the challenges that Sophia has had, she is an incredibly happy and loving girl. She is selfless, compassionate and has a tender heart that seeks peace all around. Strong, determined, and hard-working, Sophia is an inspiration to us all. She was born on Valentine's day and truly is all about LOVE.

Sophia's Motto:
"I Believe In Miracles"